

2022-2023 LEGISLATIVE REPORT

















On the Cover

A collage of photos from Sarah Rypma's 10 Cents a Meal photo project that represent 10 Cents a Meal from across the spectrum and the state of Michigan from growing, processing and preparing, eating, and educating about food!

All photos appearing in this report are courtesy of Sarah Rypma.

Data Sources

Michigan Department of Education, Grantee Invoice Data MSU Center for Regional Food Systems, Preliminary Evaluation of Survey Results

The data presented in this report are based on information reported by 218 different grantees who responded to electronic surveys (2) and 182 grantees who shared purchasing information through invoices.

10 Cents a Meal Implementation Team



10 Cents a Meal is implemented by the Michigan Department of Education (MDE) with support from the following partners:



Acknowledgements

10 Cents a Meal is a celebration of local, Michigan-grown food for our state's children, that would not be possible without the Michigan farms and food businesses who support the local food supply chain that is core to this program. The 10 Cents a Meal Implementation Team would also like to acknowledge the work of countless food program staff who work tirelessly to prepare and serve meals and snacks in schools, early care and education settings, and wherever in their communities children are fed with Child Nutrition Programs.

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Photo at left: A delivery truck at ValleyHUB, Kalamazoo Valley Community College's food hub. ValleyHub works with local farmers and institutions, like schools, to make the local food procurement process streamlined.

INTRODUCTION

10 Cents a Meal for Michigan's Kids & Farms (10 Cents a Meal) is a statefunded program that matches what schools and early care and education (ECE) sites spend on Michigan-grown fruits, vegetables, and dry beans with grants of up to 10 cents per meal.

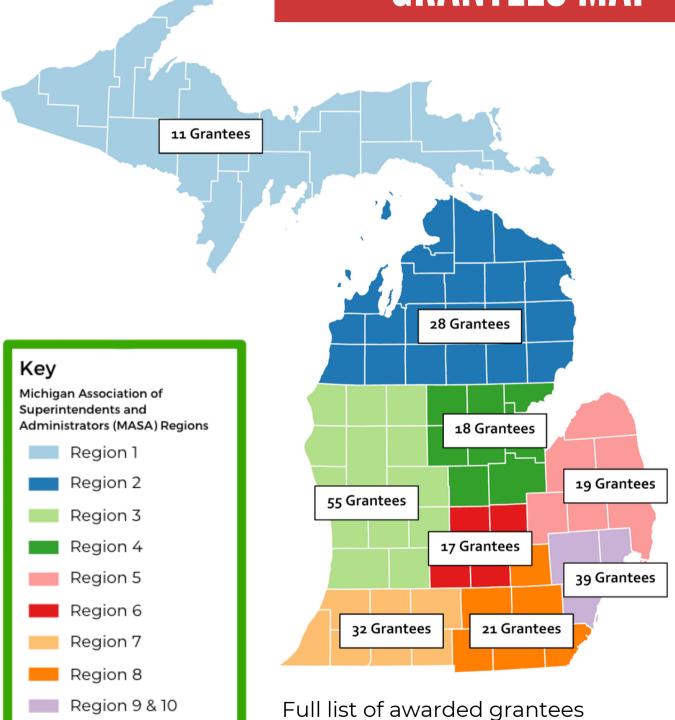
Program Goals

- Improve daily nutrition and eating habits for children in school and early care and eduction settings.
- Invest in Michigan agriculture and related local food business economy.

Program Year Overview

- In the 2022-2023 program, 240 school districts, early care and education sites (ECEs), and other childcare sponsors were awarded over \$5.6 million in funding.
- Throughout the year, 218 different grantees shared information through electronic evaluation surveys (2) and 182 shared purchasing information through invoices.
- Grantees were comprised of 214 public schools and districts, seven non-public schools, two residential child care institutions (RCCIs), 15 ECE sites, and two other non school recipient sponsors (ONSRs) across the state.
- Additionally, 59 childcare centers and family day care home providers participated in 10 Cents a Meal through a pilot program with their Child and Adult Care Food Program (CACFP) sponsoring organization.
- Collectively, grantees served nearly 587,000 children in 65 of Michigan's 83 counties.
- Grantees reported differing levels of experience purchasing local foods for food programs: 26% indicated that they had 10 years or more of experience (31 out of 119 grantees) while 19% indicated that they were newer to purchasing local foods (23 grantees), with one year or less of experience before participating in 10 Cents a Meal.

10 CENTS A MEAL GRANTEES MAP



available in Appendix A.

IMPACTS FOR CHILDREN AND FOOD PROGRAMS

Expanding Tastes

- Over three quarters of grantees (77%) reported that 10 Cents a Meal grants allowed them to try new products in their food program that they would not have otherwise tried.
- Grantees reported trying for the first time 42 types of vegetables and 18 types of fruits.
- The top ten new Michigan-grown foods reported by food program managers in evaluation surveys (in order) were apples, cherries, asparagus, dry beans, blueberries, lettuce, carrots, radishes, peaches, and cucumbers.
- Seventeen grantees reported purchasing Michigan-grown dry beans for the first time, the highest number reported in 10 Cents a Meal history.



Thanks to 10 Cents a Meal grants, Michigan kids tried wild ramps, honey berries, kohlrabi, romanesco, popcorn shoots, donut peaches, basil microgreens, mayocoba beans, leeks, rainbow carrots, balaton cherries, and more during the 2022-2023 program year.

Photo above: Microgreens at Blue Mitten Farms in Okemos, Michigan.

Increasing Food Access and Consumption

Most grantees agreed that their food program or food service operation was positively impacted through participating in the program. Food program managers reported that 10 Cents a Meal:

- Allowed them to offer more local fruits to students and children (82%),
- Allowed them to offer more local vegetables (72%),
- Increased fruit consumption among students and children (73%), and
- Increased vegetable consumption among students and children (65%).

Outcomes for Food Programs

Food program managers reported that the top five outcomes (in order) that 10 Cents a Meal helped food program operations achieve were:

- The variety of produce served in the food service program has increased (108 grantees),
- Food purchasing budget increased (91 grantees),
- Ability to plan local produce and dry bean purchasing with greater certainty (86 grantees),
- Purchasing power was enhanced (77 grantees), and
- Ability to meet school meal requirements (51 grantees).

Engaging Students, Children, and Community

Nearly 70 grantees reported that taste tests were conducted during the grant year. Altogether, they reported 42 different Michigan-grown foods tried through taste tests. The top five Michigan-grown foods that were taste tested (in order) were apples, cherries, blueberries, asparagus, and carrots.

The top five activities to support local foods served through the 10 Cents a Meal as reported by grantees were:

- Promotional posters (18% of total activities reported),
- Nutrition education in the cafeteria (11%),
- Taste testing (10%),
- Social media (9%), and
- Harvest of the month menu feature (7%).



Photo above: Nutrition education celebrating local apples at Comstock Public Schools in Kalamazoo, Michigan.

Early Care and Education Settings

- 15 grantees (about 6% of all grantees) were ECE sites.
- Of those, nine ECE grantees reported that they served new Michigan-grown fruits, vegetables, or dry beans for the first time. These included 15 new types of vegetables, seven types of fruits, and two varieties of dry beans.
- The top five types of activities (in order) that ECEs conducted to support local food purchasing were taste testing, promotional posters, on-site garden activities, nutrition education in the classroom, and social media.

LOCAL FOOD ECONOMY IMPACTS



Grantees purchased more than 62 varieties of fruits, vegetables, and dry beans grown by over 185 farms in 52 counties according to invoices.

An additional 50 businesses such as distributors, processors, packers, and food hubs were impacted.

Market Opportunities



Photo above: Tomatoes growing in the greenhouse at Detroit Public Schools Community District's on-site farm, Drew Farm.

Farm Supply Chain Impacts

- Half of grantees reported that participation in 10 Cents a Meal allowed them to make connections with new farmers or food suppliers (52%) and to improve existing relationships with farmers or local food suppliers (52%).
- Five ECE grantees reported that 10 Cents a Meal allowed them to connect with new farmers or local food suppliers, and four said it allowed them to improve existing relationships.

- Over 60 grantees (of 196 responding grantees) reported at least once throughout the year that there were Michigan-grown fruits, vegetables, or dry beans they wanted to use but have not been able to find or buy.
- The top ten Michigan-grown foods of interest among food program managers (in order) were peaches, tomatoes, cherries, asparagus, corn, green beans, blueberries, melons, strawberries, and celery.



Photo above: Harvesting summer squash at Hillcrest Farms in Eaton Rapids, Michigan.

APPENDIX A: 10 CENTS A MEAL GRANTEES

REGION 1

Big Bay De Noc School District Escanaba Area Public Schools Hancock Public Schools Hannahville Indian Community Holy Name School Houghton-Portage Township School District Ishpeming Public School District No. 1 Negaunee Public Schools Sault Ste. Marie Area Schools Superior Central School District West Iron County Public Schools



REGION 2

Alcona Community Schools Alpena Public Schools **Benzie County Central Schools Boyne Falls Public School District** Central Lake Public Schools Charlton Heston Academy Cheboygan Area Schools **Elk Rapids Schools** Frankfort-Flberta Area Schools **Glen Lake Community Schools** Harbor Springs School District Houghton Lake Community Schools Inland Lakes Schools **Kingsley Area Schools** Leland Public School District Mancelona Public Schools Manistee Area Public Schools Northport Public School District Pellston Public Schools Public Schools of Petoskev **Rogers City Area Schools** St. Francis High School Suttons Bay Public Schools Traverse City Area Public Schools Vanderbilt Area Schools West Branch-Rose City Area Schools Whittemore-Prescott Area Schools Wolverine Community School District

REGION 3

Baxter Community Center Comstock Park Public Schools Coopersville Area Public School District Crossroads Charter Academy Delton Kellogg Schools Fremont Public School District Fruitport Community Schools Godfrey-Lee Public Schools Godwin Heights Public Schools Grand Rapids Metropolitan YMCA Grand Rapids Public Schools Greenville Public Schools Hart Public School District Hesperia Community Schools Holland City School District Holton Public Schools **Hopkins Public Schools** Ionia Public Schools Jenison Public Schools Kenowa Hills Public Schools Kent County Juvenile Detention Lakewood Public Schools Lowell Area Schools Mason County Eastern Schools Mona Shores Public School District Montague Area Public Schools Morley Stanwood Community Schools Muskegon Area ISD Muskegon Heights Public School Academy System Muskegon, Public Schools of the City of New Branches Charter Academy Newaygo Public School District North Muskegon Public Schools **Orchard View Schools Otsego Public Schools Plainwell Community Schools** Ravenna Public Schools

Reed City Area Public Schools **Reeths-Puffer Schools** Saugatuck Public Schools Shelby Public Schools South End Community Outreach Ministries Sparta Area Schools Spring Lake Public Schools Thornapple Kellogg School District Tri County Area Schools Walker Child Care Wayland Union Schools Wedgwood Christian Services West Catholic High School West Ottawa Public School District White Cloud Public Schools Whitehall District Schools Wyoming Public Schools Zeeland Public Schools



REGION 4

Alma Public Schools **Bay City Academy Beaverton Schools** Bridgeport-Spaulding Community School District Clare Public Schools Clare United Methodist Preschool & Child Care Center Essexville-Hampton Public Schools Farwell Area Schools Harrison Community Schools Hemlock Public School District Ithaca Public Schools Meridian Public Schools Midland Public Schools Mt. Pleasant City School District **Pinconning Area Schools** Saginaw, School District of the City of Standish-Sterling Community Schools Swan Valley School District

REGION 5

Bendle Public Schools Carsonville-Port Sanilac School District Clio Area School District **Croswell-Lexington Community** Schools Fenton Area Public Schools Flint Cultural Center Academy Flint, School District of the City of Goodrich Area Schools Kingston Community School District Lake Fenton Community Schools Lapeer Community Schools Linden Community Schools Michigan School for the Deaf and Blind Millington Community Schools Montrose Community Schools Mt. Morris Consolidated Schools **Reese Public Schools Richfield Public School Academy** St. Clair County RESA

REGION 6

Association for Child Development Charlotte Public Schools Corunna Public Schools DeWitt Public Schools East Lansing School District Eaton Rapids Public Schools Haslett Public Schools Lansing Catholic High School Lansing Public School District Mason Public Schools (Ingham) Michigan Department of Health and Human Services Mid-Michigan Leadership Academy Olivet Community Schools Our Savior Lutheran School Owosso Public Schools Stockbridge Community Schools Waverly Community Schools

REGION 7

Battle Creek Public Schools Bloomingdale Public School District Bright Light Early Care & Education **Coldwater Community Schools** Coloma Community Schools **Comstock Public Schools Constantine Public School District** Countryside Academy **Covert Public Schools** Decatur Public Schools Edwardsburg Public Schools **Gull Lake Community Schools** Harper Creek Community Schools Kalamazoo Public Schools Kids Time Inc. Mar Lee School District Marcellus Community Schools Mattawan Consolidated School Mildred C. Wells Preparatory Academy New Buffalo Area Schools Niles Community Schools Parchment School District Paw Paw Public School District **Quincy Community Schools** Schoolcraft Community Schools South Haven Public Schools St. Joseph Public Schools Sturgis Public Schools Tri County Council for Child Development Union City Community Schools Young Child Associates YWCA Children's Center

REGION 8

Airport Community Schools Ann Arbor Public Schools Bedford Public Schools Chelsea School District **Concord Community Schools Dexter Community School District Dundee Community Schools** Grass Lake Community Schools Hanover-Horton School District Hillsdale Community Schools Jackson Public Schools Jefferson Schools (Monroe) Manchester Community Schools Michigan Center School District Milan Area Schools Napoleon Community Schools Saline Area Schools Summerfield Schools Washtenaw ISD Whitmore Lake Public School District **Ypsilanti Community Schools**



REGIONS 9 AND 10

A & W Dav Care Center A School for the Mind and Body GSRP Program Academy of Warren Allen Park Public Schools American International Academy Avondale School District **Bloomfield Hills Schools** Center Line Public Schools **Clawson Public Schools** Dearborn Heights School District #7 Detroit Public Schools Community District **Empowered Community Outreach Services** Farmington Public School District Ferndale Public Schools George Washington Carver Academy Grosse Pointe Public Schools Harper Woods, The School District of the City of Hazel Park, School District of the City of Huron School District Keys Grace Academy Lake Shore Public Schools (Macomb) Lamphere Public Schools L'Anse Creuse Public Schools Lincoln Park, School District of the City of Oak Park, School District of the City of Old Redford Academy Redford Union Schools, District No.1 **Richmond Community Schools Romulus Community Schools Royal Oak Schools** Southfield Public School District Trinity Lutheran School **Troy School District** Utica Community Schools Van Buren Public Schools Van Dyke Public Schools Village of Shiny Stars Child Care Wayne-Westland Community School District West Bloomfield School District

